

Crisis Prevention & Management (CPM) Project

The purpose of the CPM Project is to provide training and technical assistance aimed at strengthening the capacity of every school community to humanely and effectively prevent and respond to challenging behavior and school crisis. CPM focuses primarily on preventing and supporting individuals through a behavioral crisis, developing school wide and classroom discipline systems, and improving school climate.

CPM is based on the work of Larry Brendtro, Martin Brokenleg, and Steve Van Bockern (the “Circle of Courage” and basic needs); Alan Mendler and Richard Curwin (“Discipline with Dignity”); William Glasser (“Reality Therapy”); Rudolph Dreikurs, Abraham Maslow, and Erik Erikson (basic needs); Alfie Kohn (*Beyond Discipline*); Arnold Goldstein (Social Skills); Jon Saphier (Research for Better Teaching, Inc.); the National Crisis Prevention Institute; and Non-Abusive Physical and Psychological Intervention Inc.

CPM promotes the view that discipline is an opportunity to help students learn how to be responsible members of their school community rather than an opportunity to do something to someone. Training and technical assistance is offered on a variety of topics including but not limited to:

- Distinguishing discipline from punishment
- Understanding the communicative functions of behavior
- Learning anger management and impulse control techniques
- Developing individual student behavior plans
- Building positive relationships with students
- Developing strategies for creating nurtu
- Strengthening family-centered practices
- Learning how to de-escalate a behavioral crisis and promote self-reflection
- Establishing school wide and classroom discipline systems
- Strengthening school climate
- Collaborative teaming and problem solving
- Targeted school violence

Note: A detailed description of the CPM Project is readily available upon request at (802) 828-4790 or ronrubin@education.state.vt.us